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AUTHOR	Herron, Ron; Peter, Val J.
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ABSTRACT

This book provides a blueprint for teens for building friendships. The book contains suggestions for improving friendship skills, making a good first impression, and getting along with others. Also covered are people skills for use in many social situations, and keeping friendships healthy. Following the introduction, chapter one, "The Basics of Friendship," defines the different levels of friendship, provides ten rules for friendship, and advice on meeting people and making friends. Chapter two, "Conversation Building Blocks," provides 11 suggestions for starting and keeping a conversation going. Chapter three, "Getting Along with Others," provides 10 pieces of advice for getting along with friends and adults. Chapter four, "People Skills," lists nine necessary social skills and hints for implementing each skill. Chapter five, "Friendship Do's and Don'ts," lists 12 hints for keeping friendships happy and healthy. Chapter six, "Shyness," provides advice on recognizing shyness and eight tips for overcoming shyness. Each chapter provides a case study/story about a teen to illustrate the chapter's topic. (SD)

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